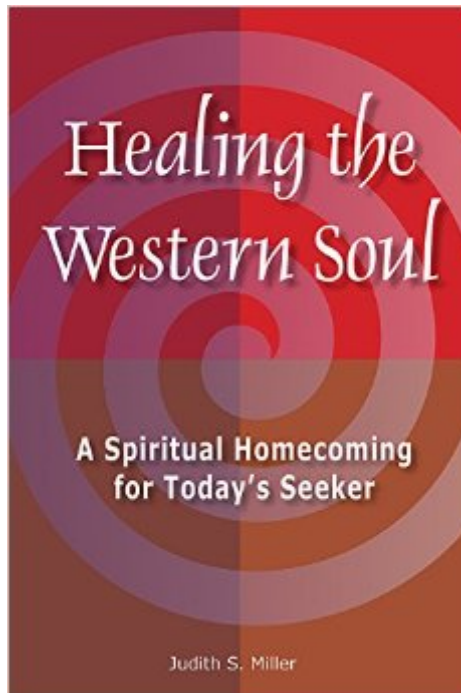


The book was found

Healing The Western Soul: A Spiritual Homecoming For Today's Seeker



Synopsis

The search for meaning, which is so crucial for psychological health, has lost its traditional anchors. As a result, millions of individuals are creating their own belief systems. This shift began back in the Sixties, as people left traditional religion and began exploring other forms of spirituality. Social contradictions demonstrate the complex factors around the topic of the spiritual life in the West. We have reached a pivotal moment where many negative forces seem to be pulling us apart, even while powerful forces for the good, especially seen through rapidly growing global communication, are bringing people around the world ever closer together. Today's meaning will be found through reclaiming and transforming our traditional spiritual anchors.

Book Information

Paperback: 252 pages

Publisher: Paragon House (March 1, 2015)

Language: English

ISBN-10: 1557789177

ISBN-13: 978-1557789174

Product Dimensions: 5.5 x 0.7 x 8 inches

Shipping Weight: 12.8 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (9 customer reviews)

Best Sellers Rank: #235,399 in Books (See Top 100 in Books) #153 in [Books > Medical Books > Psychology > Developmental Psychology](#) #173 in [Books > Health, Fitness & Dieting > Psychology & Counseling > Developmental Psychology](#) #455 in [Books > Politics & Social Sciences > Philosophy > Consciousness & Thought](#)

Customer Reviews

This book was a wonderful relief for me. I've read so many books on spirituality--most of them about various Eastern traditions. I've practiced yoga, tai chi and Transcendental Meditation. All have been helpful but I've always felt somehow saddened, as if missing an essential part of myself. Dr. Judith Miller, an award-winning professor of developmental psychology at Columbia University, has brought me back to my Judeo-Christian roots and shown me how my own tradition holds within it authentic and powerful healing forces. I needn't go outside my background--I need only follow the clear, intelligent, profound teaching in this book. In her chapter called "Our Mystical Ground," Dr. Miller writes about our "Western spiritual DNA", telling us that, "[Our] Western spirituality flows from a mystical understanding of the one God. It can also come through unconditional love, forgiveness

and compassion, as exemplified by the teachings of Jesus, the Jewish rabbi." She goes on to say that following our Western path will open our hearts--although she points out that this will take much dedicated inner work. But, "By partnering with the Light, we come back into accord with our divine template, which is to heal, grow, and fulfill our unique life purpose...Through the soul we experience our true nature and identity," writes the author. "Soul knowledge can be imminent or transcendent, arising within or from beyond the self." And she goes on to say, "People must understand that our soul connects us to a higher spiritual reality. This connection is innate, not human-made. A person will go through life always adrift, unable to be sure about anything, diminished and unwise, when this connection is not known."Dr.

[Download to continue reading...](#)

The Gift of Being Yourself: The Sacred Call to Self-Discovery (Spiritual Journey) The Life You've Always Wanted: Spiritual Disciplines for Ordinary People PHP: MySQL in 8 Hours, For Beginners, Learn PHP MySQL Fast! A Smart Way to Learn PHP MySQL, Plain & Simple, Learn PHP MySQL Programming Language in Easy Steps, A Beginner's Guide, Start Coding Today! The Spiritual Man Make Money Repairing iPhones: A Guide for Today's Hustler on How to Start and Grow a Successful iPhone Repair Business Pure Vegetarian: 108 Indian-Inspired Recipes to Nourish Body and Soul Music Therapy: Discover The Healing Power Of Music Make Your Own Hard Lotion: A Healing Alternative to Traditional Lotions (The Backyard Renaissance Collection) Cultured Food for Health: A Guide to Healing Yourself with Probiotic Foods Kefir * Kombucha * Cultured Vegetables Wire Jewelry Making for Beginners: Create Beautiful and Unique Wire Jewelry With These Easy Steps Today! *Pictures Included! Crochet For Babies: 20 Easy & Adorable Baby Crochet Patterns That You Can Make Today Blend Your Way to Wellness: Nutribullet Recipe Book for Weight Loss, Detox Cleanse, Anti-Aging, Skin Care, Superfoods, Healing and Exercise (Nutribullet ... Juicing, Weight Loss, Cookbook, Smoothies) ANGULARJS: AngularJS in 8 Hours, For Beginners, Learn AngularJS Fast! A Smart Way to Learn Angular JS, Learn AngularJS Programming Language in Easy Steps, A Beginner's Guide, Start Coding Today! C++: C++ in 8 Hours, For Beginners, Learn C++ Fast! A Smart Way to Learn C Plus Plus, Plain & Simple, Learn C++ Programming Language in Easy Steps, A Beginner's Guide, Start Coding Today! C++: The Fast Way - Learn C++ Programming, Start Coding TODAY with the Ultimate C++ for Beginners Guide The Vilna Vegetarian Cookbook: Garden-Fresh Recipes Rediscovered and Adapted for Today's Kitchen Southern Cooking: for beginners - Simple Southern Food Recipes - Old South Recipes (Southern Food - Southern Meals - Southern Recipes - Soul Food - American Cuisine Book 1) Southern Cookbook Collection (Soul Food & Southern Cakes): 120 #Delish Recipes SWIFT:

PROGRAMMING ESSENTIALS (Bonus Content Included): Learn iOS development! Code and design apps with Apple's New programming language TODAY (iOS development, swift programming) 30 Day Whole Food Challenge: AWARD WINNING Recipes Guaranteed to Drop Weight; Take the Challenge Today!

[Dmca](#)